



- Canada's quality standard for children's programs
- Developed by Parks and Recreation Ontario (PRO)
- Research began in 1994
- Launched as HIGH FIVE® in 2001
- Available across Canada in English and French
- More than 1 million kids annually are having positive experiences through HIGH FIVE Organizations!

Vision

Through sustained involvement in quality programs, all children aged 6 to 12 are experiencing healthy child development.

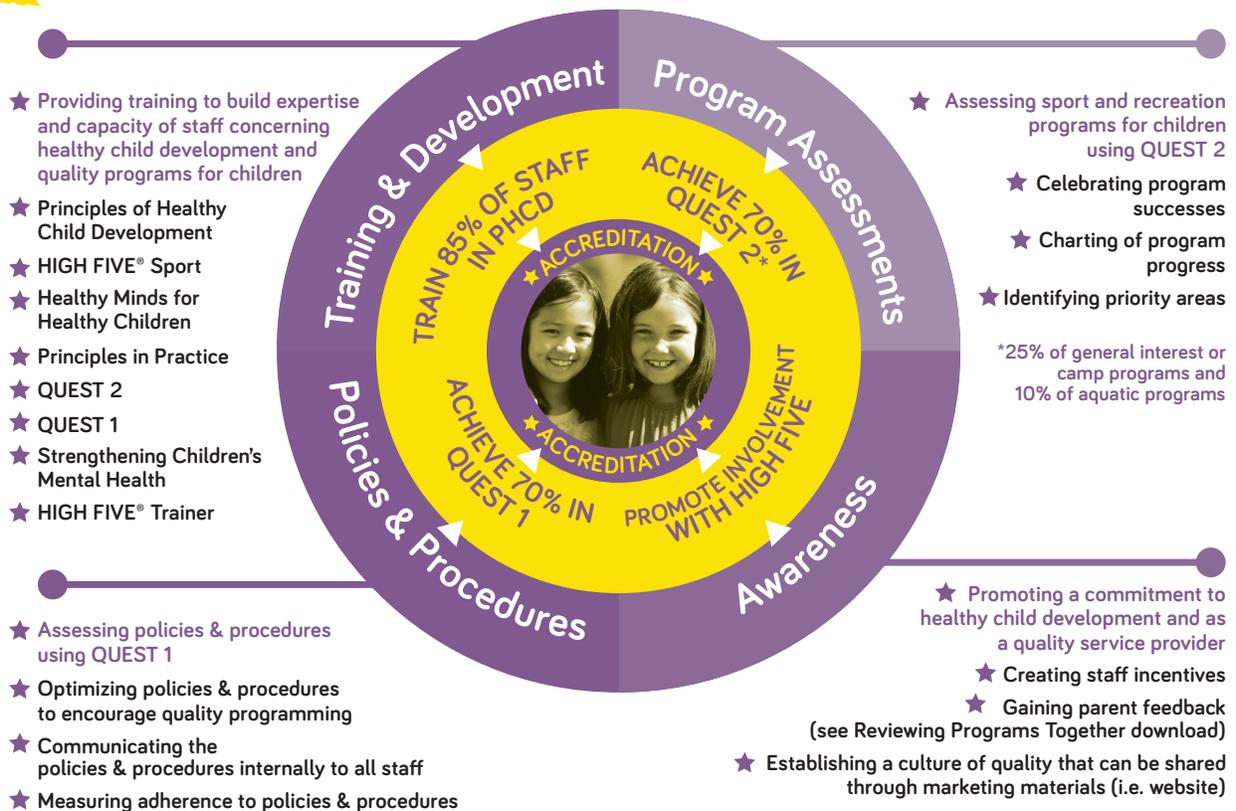
Mission

Ensure that program practitioners develop a high level of expertise in child development. Help parents to make informed choices.

Provide practitioners with tools for enhancing and maintaining a high level of program quality.



Quality Framework for Healthy Child Development in sport and recreation





Why HIGH FIVE®?

Many people and organizations get involved with HIGH FIVE because they believe in the power of making a difference in children's lives through giving them the 'best way to play'.

HIGH FIVE helps others understand the importance of providing quality and positive experiences to children - experiences that will last for a lifetime!

Why HIGH FIVE Works

- **Comprehensive, evidence-based approach**
- **Measurable through scientifically-proven tools**
- **HIGH FIVE Database supports strategic planning by tracking and reporting on organizational performance**
- **Improves quality and overall satisfaction**
- **Meets increasing demands for quality assurance certification**

Why HIGH FIVE Matters

- **Kids excel in life through positive experiences in programs**
- **Kids are encouraged to stay active for life**
- **Addresses societal challenges including mental health and physical inactivity**
- **Educates the sector on the emotional, social and cognitive needs of kids**
- **Provides parents with an identifiable standard**

HIGH FIVE holds true to the following five Principles of healthy child development that the research indicates are essential for quality programs.

Read about HIGH FIVE's definition of quality at www.HIGHFIVE.org/what-high-five/studies-research



A Caring Adult



Friends



Play



Mastery



Participation

